

## Mental Health Project Terms of Reference

Many of the children in the care system have some degree of mental health problems. Foster carers sometime find it difficult to access services / support for these children.

**Objectives:** To identify the services available in Kent; how the services are accessed; and to understand and manage the expectations of what these services can achieve.

**Deliverables:**

- 1) Two workshops for foster carers to gather information on experiences, problems, successes.
- 2) A report identifying services, procedures for access, contact details and advise to foster carers. The report will be delivered on the web.
- 3) A conference for foster carers on mental health.

**Process & Phases:**

- Seek assistance from KCC to identify scope of the problem statistically.
- Agree definition of mental health.
- Book workshops and notify foster carers.
- Consider impact of 'labels' and need for appropriate reviews.
- Work with CAMHS to identify what services are available in Kent.
- Investigate and document processes in accessing services.
- Look at what are realistic expectations for foster carers and social workers.
- Identify what is seen as delivering 'best practice'.
- Seek assistance from Fostering Training team to organise conference.

February 2010

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